

General Info

Objectives of the Course

The aim of the course is to acquire skills and knowledge to record the history and evaluation of the patient, with basic principles of movement, posture analysis (anterior, lateral and posterior posture analysis), shortness and flexibility tests and evaluation, anthropometric measurements (circumference, length, diameter, and skinfold measurements), measurement of normal range of motion with goniometer, muscle strength and evaluation methods in a theoretical basis.

Course Contents

History of the patient, assessment of general physiotherapy, basic principles of movement, posture analysis (anterior, lateral and posterior posture analysis), shortness and flexibility tests and evaluation, anthropometric measurements (circumference, length, diameter, and skinfold measurements), measurement of normal range of motion with goniometer, muscle strength and evaluation methods.

Recommended or Required Reading

bilgisayar, projeksiyon cihazı

Dersi Veren Öğretim Elemanları

Inst. Mine Arslan

Weekly Contents

Order	Preparation	Info	Laboratory	Teaching	Methods	Theoretical	Practise
1						Providing information about the course	
2	presentations given in class					Taking a patient history. Practical demonstration of how to take a patient history.	
3	presentations given in class					Observation and inspection methods	
4	presentations given in class					Range of motion (ROM) measurements – goniometry	
5	presentations given in class					Muscle strength measurement – manual muscle testing (MMT)	
6	presentations given in class					Posture analysis and evaluation method	
7	presentations given in class					Balance and coordination tests	
8						exam	
9	presentations given in class					Gait analysis and functional assessment	
10	presentations given in class					Respiratory function tests and chest mobility measurements	
11	presentations given in class					Pain assessment methods (VAS, McGill etc.)	
12	presentations given in class					Activities of daily living and functional independence scales	
13	presentations given in class					Interpretation and reporting of clinical measurement results	
14						genel tekrar	
15						exam	

Assesments

Activities	Weight (%)
Ara Sınav	40,00
Final	60,00